

ARROWHEAD LAKES DENTISTRY

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THIS INFORMATION IS FOR GENERAL USE ONLY.
YOUR INDIVIDUAL SITUATION MAY VARY.
CONSULT YOUR DENTIST FOR SPECIFIC
RECOMMENDATIONS.

PORCELAIN VENEERS

We have placed porcelain veneers on your teeth. These restorations were placed with the finest materials and techniques available today. However, you should be aware of the following information about your restorations:

CHEWING: As with natural teeth, avoid chewing excessively hard foods on the veneered teeth (hard candy, ice, raw carrots, bones, etc.) because the porcelain material can be broken from the teeth under extreme forces.

RECALLS: Visit us for examinations and check-ups at regular six-month periods. Often problems that are developing with the veneers can be found at an early stage and repaired easily, while procrastinating may require redoing entire restorations.

PREVENTIVE: To provide optimum longevity for your restorations and prevent future dental decay and supporting tissue breakdown, please brush with a fluoride containing toothpaste and floss after eating and before bedtime.

THE FUTURE: We expect that you will receive years of service from these veneers. However, after watching veneers for many years, we have seen the following situations occur occasionally. They are unavoidable and may require restoration replacement:

- A. Extreme force or trauma can break porcelain veneers just as the same force can break natural teeth. Use care in sports or other potentially traumatic situations. Do not bite extremely hard objects with one tooth. Breakage usually requires remaking the restoration, but occasionally they can be repaired.
- B. After a few years, some veneers may demonstrate slight stains at some locations around the edges. Please tell us if this occurs. Repairs can usually be accomplished.
- C. The gums (gingiva) may recede from the veneers, displaying discolored tooth structure underneath. This usually takes place over several years and requires veneer replacement.

We have done our best to provide you with the finest quality oral restorations available today. However, as with a fine automobile or watch, only your continuing care and concern can assure optimum service longevity. Replacement of the restorations may be required in several years. Please contact our office if you have any questions.