

ARROWHEAD LAKES DENTISTRY

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**THIS INFORMATION IS FOR GENERAL USE ONLY.
YOUR INDIVIDUAL SITUATION MAY VARY.
CONSULT YOUR DENTIST FOR SPECIFIC
RECOMMENDATIONS.**

RESIN VENEERS

We have placed resin veneers on your teeth. These restorations were placed with the finest materials and techniques available today. However, you should be aware of the following information about your restorations:

CHEWING: As with natural teeth, avoid chewing excessively hard foods on the veneered teeth (hard candy, ice, raw carrots, bones, etc.) because the resin material can be broken from the teeth under extreme forces. In the event that a breakage occurs, replacement of a restoration by us is not difficult.

RECALLS: Visit us for examinations and check-ups at regular six-month periods. Often problems that are developing with the veneers can be found at an early stage and repaired easily, while procrastinating may require redoing entire restorations.

PREVENTIVE PROCEDURES: To provide optimum longevity for your restorations and prevent future dental decay and supporting tissue breakdown, please brush with a fluoride containing toothpaste and floss after eating and before bedtime.

THE FUTURE: We expect that you will receive years of service from these veneers. However, after watching veneers for many years, we have seen the following situations occur occasionally. They are unavoidable and may require restoration replacement.

- A. Extreme force or trauma can break resin veneers just as the same force can break natural teeth. Use care in sports or other potentially traumatic situations. Do not bite extremely hard objects with one tooth. However, repair is usually not difficult.
- B. Depending on the foods you eat and other factors, there may be a slight change in the color of the veneers over a period of years. When the color change is objectionable to you, the veneers should be replaced.
- C. After a few years, some veneers may demonstrate slight stains at some locations around the edges. Please tell us if this occurs.
- D. The gums (gingiva) may recede from the veneers, displaying discolored tooth structure underneath. This usually takes place over several years and requires veneer replacement.

We have done our best to provide you with the finest quality oral restorations available today. However, as with a fine automobile or watch, only your continuing care and concern can assure optimum service longevity. Replacement of the restorations may be required in several years. Please contact our office if you have any questions.